

# WHEN TO REPLACE YOUR BREAST PUMP PARTS

Keep these timelines in mind to keep you safe

## VALVES

### EVERY 4 WEEKS

If you pump three or more times per day

### EVERY 8-12 WEEKS

If you pump fewer than three times per day

### IF YOU ARE EXCLUSIVELY PUMPING

Change every 60-80 uses, or approximately every 10 days

**Or whenever the valve is cracked or damaged**



## TUBING

### EVERY 3-6 MONTHS

Replace immediately if there are any signs of mold. Do not try to clean tubing. If moisture gets in or it becomes cracked, replace immediately.

## BACKFLOW PROTECTORS

### EVERY 3 MONTHS

If you pump three or more times per day

### EVERY 6 MONTHS

If you pump fewer than three times per day

**Replace immediately if they become torn or stretched out**



## BREAST SHIELDS/FLANGES

Replace immediately if you notice any cracks or tears on the shield.